

Physical Education

Year 7

Please use this Route Through to learn more about what students are learning in lessons, and how they can extend their learning at home. Please contact the Head of Department or Director of Year for more information.

Subject	What are students learning in lessons?	What could students do to extend their learning and develop their character?
Autumn Term 1	Each set will study one of the following sports: netball, rugby, trampolining or badminton. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be Curious: Watch or track live sport. On now: Womens Rugby World Cup, World Athletics Championships, Womens Cricket World Cup or the Ryder Golf Cup.
Autumn Term 2	Each set will study one of the following sports: rugby, basketball, handball, table tennis or trampolining. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be Curious: Are you excited to watch or track the cricket this term? The Ashes between 21st Nov - 8th January!
Spring Term 1	Each set will study one of the following sports: trampolining, badminton, netball, football, table tennis or handball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be Curious: Are you excited to watch or track the Winter Olympics? See if you can catch any of it between Feb 6th - Feb 22nd.
Spring Term 2	Each set will study one of the following sports: trampolining, badminton, netball, gymnastics, table tennis or handball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be Curious: Are you excited to watch or track the ICC T20 Cricket World Cup? Check it out between 8th Feb - 8th March.
Summer Term 1	Each set will study one of the following sports: athletics, rounders, tennis, cricket, softball or stoolball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be Curious: Are you excited to watch or track the UEFA Football Champions League? 30th May, check it out!
Summer Term 2	Each set will study one of the following sports: athletics, Rounders, tennis, cricket, softball or stoolball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be Curious: Watch or track the following major sporting events: FIFA Football World Cup, Womens cricket T-20 World Cup or Wimbledon!
How should I plan my time?	Assessment	Home Learning
	Students think hard and answer lots of questions every lesson. Students practice and get feedback on their work. Exam: Students will not sit an exam.	No compulsory home learning.